



1

Scan the QR code to  
**kp.org/engage**  
to get started

Don't miss out  
on your  
**\$240**  
wellness reward

Our new wellness program will not require you to complete a wellness program agreement to earn your rewards.

2


**Complete these activities to earn your reward—  
and stay healthy!**



**Get your biometric screening**

Complete or be current on your biometric screening at a Kaiser Permanente medical office.

**Complete activities by  
Dec. 31, 2026**

Get full details at  
 [kp.org/engage](https://kp.org/engage)

